

# IN A NUTSHELL

The knowledge platform for general practitioners

## CAGE questionnaire for alcohol use

The CAGE questionnaire is used to screen for alcohol abuse. CAGE is an acronym and stands for Cut down drinking, Annoyed by criticism, Guilty feelings and Eye-opener.

### Cut down drinking

Have you ever felt you needed to cut down on your drinking?

Yes  No

### Annoyed by criticism

Have people annoyed you by criticizing your drinking?

Yes  No

### Guilty feelings

Have you ever felt guilty about drinking?

Yes  No

### Eye-opener

Have you ever felt you needed a drink first thing in the morning (eye-opener) to steady your nerves or to get rid of a hangover?

Yes  No

## CAGE

### Interpretation

#### Points

0-1 Alcohol abuse unlikely

2-4 Alcohol abuse or dependence likely

### References

1. Ewing JA. Detecting alcoholism. The CAGE questionnaire. JAMA 1984; 252: 1905-1907

